Claims

- 1. A bioadhesive pharmaceutical dosage form which can be administered nasally and is in film form, comprising in at least one active ingredient-containing layer based on crosslinked hydrophilic polymers from 30% by weight to 60% by weight of lidocaine, based on the total amount of crosslinked hydrophilic polymers, and that it has a tear strength of at least 40 N.
- 2. The dosage form as claimed in claim 1, characterized in that it has a tear strength, preferably of at least 50 N, particularly preferably of at least 60 N.
- 3. The dosage form as claimed in any of claims 1 to 2, characterized in that a cellulose ether, preferably hydroxyethylcellulose, methylcellulose, hydroxypropylcellulose and/or hydroxypropylmethylcellulose, has been used as hydrophilic polymer.
- 4. The dosage form as claimed in any of claims 1 to 3, characterized in that the hydrophilic polymer of the active ingredient-containing layer has been crosslinked in situ.
- 5. The dosage form as claimed in any of claims 1 to 4, characterized in that it exhibits controlled release of lidocaine.
- 6. The dosage form as claimed in any of claims 1 to 6, characterized in that it is monolayer or multilayer.
- 7. The dosage form as claimed in claim 6, characterized in that it has at least one active

- ingredient-containing layer, one covering layer and/or one adhesive layer.
- 8. The dosage form as claimed in claim 7, characterized in that one active ingredient-containing layer is the adhesive layer.
- 9. The dosage form as claimed in claim 7 or 8, characterized in that the covering layer is impermeable for the active ingredient.
- 10. The use of a lidocaine-containing layer in film form based on crosslinked hydrophilic polymers with from 30% by weight to 60% by weight of lidocaine for producing a monolayer or multilayer pharmaceutical dosage form having a tear strength of at least 40 N which can be administered nasally and is in film form for controlling primary headaches in humans.
- 11. The use as claimed in claim 10 for controlling neurovascular pain.
- 12. The use as claimed in claim 10 for controlling migraine.